



## Cherries

# Sources

## Cafeteria

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- Table 37. Specified Fruits and Nuts by Acres: 2017 and 2012, National Agriculture Statistics Service ([https://www.nass.usda.gov/Publications/AgCensus/2017/Full\\_Report/Volume\\_1,\\_Chapter\\_1\\_State\\_Level/Montana/st30\\_1\\_0037\\_0038.pdf](https://www.nass.usda.gov/Publications/AgCensus/2017/Full_Report/Volume_1,_Chapter_1_State_Level/Montana/st30_1_0037_0038.pdf))
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- Vitamin A Fact Sheet for Health Professionals, National Institutes of Health (<https://ods.od.nih.gov/factsheets/VitaminA-HealthProfessional/>)

## Dig Deeper

Get more information, register, or download resources:

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[mtharvestofthemonth.org](http://mtharvestofthemonth.org)

- Food Buying Guide, USDA (<https://www.fns.usda.gov/tn/food-buying-guide-for-child-nutrition-programs>)

## Classroom

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The Montana Harvest of the Month program showcases Montana grown foods in Montana communities. This program is a collaboration between Montana Farm to School, Office of Public Instruction, Montana Team Nutrition Program, National Center for Appropriate Technology, Montana State University Extension, Gallatin Valley Farm to School, FoodCorps Montana, and Montana Department of Agriculture. More information and resources are available at: [mtharvestofthemonth.org](http://mtharvestofthemonth.org).

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