

# Checklist | K-12 Schools & Afterschool

# **Getting Started**

## Steps to Get Started

□ Assemble Team: Each team must include a school administrator, teacher or afterschool educator, and school foodservice staff member (or the individual who prepares or purchases the afterschool snack or meal). We encourage you to involve parents, non-profits, and other community members.

#### □ Review Expectations:

- Purchase and serve the HOM item once each month in your school or afterschool program meal or snack.
- □ Offer at least one taste test of the HOM item per month.
- □ Plan for and provide at least one educational activity per month.
- Display promotional and educational materials.
- □ Participate in evaluation.

### Dig Deeper

Get info, register, or download resources: Jay Stagg Montana Farm to School Coordinator jay.stagg@montana.edu | (406) 994-5996 mtharvestofthemonth.org

- Register for the Montana Harvest of the Month program (HOM) at mtharvestofthemonth.org. The HOM program is free, and you receive all the promotional and educational materials needed for no cost. Please note: The HOM program does <u>not</u> provide the local food items for the school meals and taste tests.
- □ Complete and submit the **Baseline** for <u>each</u> participating school or afterschool program within 30 days of registering.
- Receive and review welcome email with the HOM Online Portal link to all electronic materials and share link with all team members. Please only share this link with team members of your registered site!
  Bookmark the link as it is not accessible through the website's menus.
- □ Review resources on the *HOM Online Portal*, watch the *introductory webinar* with your HOM team, and review the HOM Calendar.
  - □ Share the HOM 101 Cafeteria document
  - □ Share the HOM 101 Classroom Educator document
- □ Receive printed materials in the mail. Each participating school or afterschool program site receives one free packet of materials. You may order additional posters from the *HOM Online Portal* as needed.
- □ Spread the Word!
  - □ Let parents, caregivers, and community members know that your school or afterschool program is participating by sending out the *Participation Letter* found on the *HOM Online Portal* or write your own.

- □ Share the monthly *Newsletter Content* documents with the person responsible for writing the monthly school newsletter (and double check that the *Harvest at Home* materials make it home).
- □ Review the **Monthly Checklist** for ideas and reminders to implement HOM throughout the year.

# **Monthly Checklist**

- Distribute materials to appropriate team members each month, which will help remind team members and others at the school of the program. All materials are available on the HOM Online Portal.
  - □ *Cafeteria Bites* handouts for each month to the Food Service Director or staff, as well as access to menu templates, serving line signs, and posters.
  - Classroom Bites handouts for each month to participating teachers and afterschool educators, along with the Common Core and Next Generation Science Standards document.
  - *Harvest at Home* handouts are intended be sent home with students or shared with parents, so make sure they go to a teacher, secretary, or afterschool educator who will copy and distribute them.
- □ Serve HOM item for the meal or snack and the taste test at least once each month.
  - For help purchasing local foods, go to the *School Food* page for the *Montana Farm to Cafeteria Manual* and other resources (http://www.montana.edu/mtfarmtoschool/resources/school-food.html).
  - Contact local farmers and businesses early so they can save winter crops for you such as winter squash, carrots, and beets.
- □ Administer activities using the lessons provided with the *Classroom Bites* or *Quicktivities*.
  - □ Review the *Cooking with Kids Guide* for assistance on cooking activities.
- □ Conduct the **monthly taste test**.
  - Review the *Taste Test Guide* and determine where, when, and how the taste tests will be conducted. There are many ways to conduct taste tests, so set up a system that works best for your school or afterschool program.

Use #MTHarvestoftheMonth on social media.

All materials and guides are

available for registered sites

- □ Record HOM meals using the Food Service Tracking Sheet (optional).
- Promote program monthly using social media, newsletters, announcements, websites, etc. Use
  #MTHarvestoftheMonth on social media sites. Take pictures and *share success stories* about your HOM activities, recipes, or activities at: http://www.montana.edu/mtfarmtoschool/connect/share-story.html
- □ Complete evaluation End of the Year Survey. Due June 30, 2025.