



# Farm to School Workshop HOM for Rural Communities

Gardiner High School, Gardiner MT

**April 21, 2023**

<b>Time</b>	<b>Session</b>
<b>9:45AM - 10:10AM</b>	<b>Attendee Check-in</b>
<b>10:10AM - 11:20AM</b>	<b>Welcome, Introductions</b> MT Harvest of the Month   Aubree Roth, MT Team Nutrition Farm to School of Park County   Rachael Jones, F2SPC Gardiner Farm to School   Anna Holloway, Gardiner Public Schools
<b>11:20AM - 11:30AM</b>	<b>Break: Coffee, Snacks</b>
<b>11:30AM - 12:30PM</b>	<b>Morning Breakouts</b> See options below!
<b>12:30PM - 1:30PM</b>	<b>Lunch</b> School lunch showcasing local foods. Planned and delivered by Gardiner food service professionals.
<b>1:30PM - 2:30PM</b>	<b>Afternoon Breakouts</b> See options below!
<b>2:30PM - 3:00PM</b>	<b>Montana Harvest of the Month Trivia</b> You'll be put into teams for a fun trivia game. This will be a great time to network with other attendees.
<b>3:00PM - 3:15PM</b>	<b>Afternoon Plenary</b> Hear from Gardiner students involved in Farm to School and Harvest of the Month.
<b>3:15PM - 4:00PM</b>	<b>Action Planning and Closing</b> How will you use what you learned in your community?

**We will be offering five Early Childhood Project (ECP) credits. To receive these ECPs, you will need to attend the entire event and add your information to a list at the event.**

**We will be offering three OPI Teacher Continuing Education Units. To receive these CEUs, you will need to attend the entire event and pick up your certificate at the end of the event prior to leaving.**

Breakout sessions are designed to provide training based on your role in the community, but you may choose which breakout seems most appealing to you.

### Morning Breakout Options

#### Harvest of the Month Menu Planning and Procurement

This session is perfect for school, early care and education, health care, and other food service professionals. It will cover menu planning and procurement methods for incorporating local and seasonal foods into school and cafeteria meals. Anna will also provide some of her favorite recipes.

### Session Leaders

Aubree Roth, Co-Director and Montana Farm to School Coordinator at MT Team Nutrition

Anna Holloway, Food Service Director at Gardiner Public Schools

#### Agriculture, Nutrition, and Gardening Education within your Community

In this session educators, organizations, community members, parents, and producers will receive ag education and school garden training, as well as how you can be involved in these activities and contribute to your community.

Megan Randall, Garden Manager at Farm to School of Park County

Abby Webster, Education Manager at Farm to School of Park County

### Afternoon Breakout Options

#### Harvest of the Month Cooking Course

Participate in a cooking demo featuring some of Anna's favorite recipes showcasing Montana grown and raised foods. Receive training on how to efficiently incorporate local foods when cooking for large groups.

Anna Holloway, Food Service Director at Gardiner Public Schools

#### Tasty Testing

Taste tests are an important part of Farm to School and Harvest of the Month. They introduce new foods, often prepared in a variety of ways, to students and allow them to provide their feedback. In this session, learn about all the different ways you can administer taste tests and implement voting systems. You'll also get to participate in preparing and tasting some foods!

Megan Randall, Garden Manager at Farm to School of Park County

Sommer Gill, VISTA Service Member at Farm to School of Park County