



Checklist | K-12 Schools & Afterschool | 2022 - 2023

Getting Started

Steps to Get Started

- Assemble Team:** Each team must include a school administrator, teacher or afterschool educator, and school foodservice staff member (or the individual who prepares or purchases the afterschool snack or meal). We encourage you to involve parents, non-profits, and other community members.
- Review Expectations:**
 - Purchase and serve the HOM item once each month in your school or afterschool program meal or snack.
 - Offer at least one taste test of the HOM item per month.
 - Plan for and provide at least one educational activity per month.
 - Display promotional and educational materials.
 - Participate in evaluation.
- Register** for the Montana Harvest of the Month program (HOM) at mtharvestofthemonth.org. The HOM program is **free**, and you receive all the promotional and educational materials needed for no cost. **Please note:** The HOM program does not provide the local food items for the school meals and taste tests.
- Complete and submit the **Baseline** for each participating school or afterschool program within 30 days of registering.
- Receive and review welcome email** with the [HOM Online Portal](#) link to all electronic materials and share link with all team members. *Please only share this link with team members of your registered site!* **Bookmark the link** as it is not accessible through the website's menus.
- Review resources** on the [HOM Online Portal](#), watch the [introductory webinar](#) with your HOM team, and review the [HOM Calendar](#).
 - Share the [HOM 101 Cafeteria](#) document
 - Share the [HOM 101 Classroom - Educator](#) document
- Receive printed materials** in the mail. Each participating school or afterschool program site receives one free packet of materials. You may order additional posters from the [HOM Online Portal](#) as needed.
- Spread the Word!**
 - Let parents, caregivers, and community members know that your school or afterschool program is participating by sending out the [Participation Letter](#) found on the [HOM Online Portal](#) or write your own.

Dig Deeper

Get info, register, or download resources:

Aubree Roth

Montana Farm to School Coordinator

aubree.roth@montana.edu | (406) 994-5996

mtharvestofthemonth.org

- Share the monthly *Newsletter Content* documents with the person responsible for writing the monthly school newsletter (and double check that the *Harvest at Home* materials make it home).
- Review the **Monthly Checklist** for ideas and reminders to implement HOM throughout the year.

Monthly Checklist

- Distribute materials** to appropriate team members each month, which will help remind team members and others at the school of the program. All materials are available on the *HOM Online Portal*.
 - Cafeteria Bites* handouts for each month to the Food Service Director or staff, as well as access to menu templates, serving line signs, and posters.
 - Classroom Bites* handouts for each month to participating teachers and afterschool educators, along with the *Common Core and Next Generation Science Standards* document.
 - Harvest at Home* handouts are intended be sent home with students or shared with parents, so make sure they go to a teacher, secretary, or afterschool educator who will copy and distribute them.
- Serve HOM item** for the meal or snack and the taste test at least once each month.
 - For help purchasing local foods, go to the *School Food* page for the *Montana Farm to Cafeteria Manual* and other resources (<http://www.montana.edu/mtfarmtoschool/resources/school-food.html>).
 - Contact local farmers and businesses early so they can save winter crops for you such as winter squash, carrots, and beets.
- Administer activities** using the lessons provided with the *Classroom Bites* or *Quicktivities*.
 - Review the *Cooking with Kids Guide* for assistance on cooking activities.
- Conduct the **monthly taste test**.
 - Review the *Taste Test Guide* and determine where, when, and how the taste tests will be conducted. There are many ways to conduct taste tests, so set up a system that works best for your school or afterschool program.
- Record HOM meals using the *Food Service Tracking Sheet* (optional).
- Promote program monthly** using social media, newsletters, announcements, websites, etc. Use #MTHarvestoftheMonth on social media sites. Take pictures and *share success stories* about your HOM activities, recipes, or activities at: <http://www.montana.edu/mtfarmtoschool/connect/share-story.html>
- Complete evaluation End of the Year Survey**. Due June 30, 2023.

All materials and guides are available for registered sites on the HOM Online Portal.

Use
#MTHarvestoftheMonth
on social media.



The Montana Harvest of the Month Program showcases Montana grown foods in Montana communities. This program is a collaboration between Montana Farm to School, Office of Public Instruction, Montana Team Nutrition Program, National Center for Appropriate Technology, Montana State University Extension, Montana State University, Gallatin Valley Farm to School, FoodCorps Montana, Montana Department of Agriculture, Montana Organic Association, and Abundant Montana. More information and resources are available at mtharvestofthemonth.org.

Funds were provided in part by USDA Team Nutrition Training grants, USDA funds, USDA Farm to School grants, Montana Healthcare Foundation, Northern Pulse Growers Association, Montana Department of Public Health and Human Services, Montana School Nutrition Association, Montana Department of Agriculture Specialty Crop Block Grant, Montana Grains Foundation, Dairy MAX, Montana Pulse Crop Committee, and Montana Wheat and Barley Committee. The institution is an equal opportunity provider and employer. The Montana State University Extension Service is an ADA/EO/AA/Veteran's Preference Employer and Provider of Educational Outreach.