

**Your School Name/Logo**

**Month Year**

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| --- | --- | --- | --- | --- |
| Monday | Tuesday | Wednesday | Thursday | Friday |
| 1Write Here | 2Write Here | 3Write Here | 4Write Here | 5Write Here |
| 8Write Here | 9Write Here | 10Write Here | 11Write Here | 12Write Here |
| 15Write Here | 16Write Here | 17Write Here | 18Write Here | 19Write Here |
| 22Write Here | 23Write Here | 24Write Here | 25Write Here | 26Write Here |
| 29Write Here | 30Write Here |  |  |  |



**Winter squash** are this month’s Harvest of the Month food. Did you know…

* Winter squash are in the vegetable food group.
* Squash is one of the oldest cultivated crops in the Western Hemisphere and was originally grown for its seeds. Seeds found in Mexico have been dated as 10,000 years old!
* To some Native American tribes, corn, beans, and squash are known as the “Three Sisters.” These plants were grown together and were staples of many tribes in North America.

To learn more about Montana Harvest of the Month visit:

 https://mtharvestofthemonth.org/