

Nut Free Basil Spinach Pesto

Source: Anna Holloway

Servings

6

Ingredients

1 ½ cups Fresh spinach, packed
3⁄4 cup Fresh basil leaves, packed
1 Garlic clove, peeled
1 Tbsp Lemon Juice
2 Tbsp Parmesan cheese, grated
1⁄4 tsp Salt
1⁄4 tsp Ground black pepper
3 Tbsp Olive oil

Preparation

- 1. Place spinach, basil, garlic, lemon juice, parmesan, salt, and pepper in a blender or food processor.
- 2. Slowly pulse the blender or food processor while pouring in the olive oil.
- 3. Blend for 30 seconds or until smooth. Scrape sides of blender or food processor as needed.
- 4. Serve immediately with pasta, sandwiches, meats, pizza, etc.
- 5. Pesto can be stored in an airtight container or in the refrigerator for up to 5 days or frozen.

Dig Deeper

For information recipes, lessons, resources, guides, and more, visit:

mtharvestofthemonth.org



