

**June 2023**

**Your School Name/Logo**

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| --- | --- | --- | --- | --- |
| Monday | Tuesday | Wednesday | Thursday | Friday |
|  |  |  | 1Write Here | 2Write Here |
| 5Write Here | 6Write Here | 7Write Here | 8Write Here | 9Write Here |
| 12Write Here | 13Write Here | 14Write Here | 15Write Here | 16Write Here |
| 19Write Here | 20Write Here | 21Write Here | 22Write Here | 23Write Here |
| 26Write Here | 27Write Here | 28Write Here | 29Write Here | 30Write Here |



**Leafy Greens** are this month’s Harvest of the Month. Did you know…

* Leafy greens are in the vegetable food group.
* The average American eats about 30 pounds of lettuce every year. That’s about five times more than in the early 1900s.
* Most varieties that can be used for cooking, such as collards, kale, mustard greens, turnip greens, and bok choy, are part of the cabbage family

(Brassica).

To learn more about Montana Harvest of the Month visit:

https://mtharvestofthemonth.org/