

**July 2023**

**Your School Name/Logo**

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| --- | --- | --- | --- | --- |
| Monday | Tuesday | Wednesday | Thursday | Friday |
| 3Write Here | 4Write Here | 5Write Here | 6Write Here | 7Write Here |
| 10Write Here | 11Write Here | 12Write Here | 13Write Here | 14Write Here |
| 17Write Here | 18Write Here | 19Write Here | 20Write Here | 21Write Here |
| 24Write Here | 25Write Here | 26Write Here | 27Write Here | 28Write Here |
| 31Write Here |  |  |  |  |



**Carrots** are this month’s Harvest of the Month. Did you know…

* Carrots are in the vegetable food group.
* Today carrots come in many colors including purple, black, yellow, orange, red, and white and also range in size from a round 2-inch carrot to a slender 3-foot carrot!
* The average person eats 17 pounds of carrots per year. How many pounds of carrots do you eat?

To learn more about Montana Harvest of the Month visit:

https://mtharvestofthemonth.org/